

HOME GARDEN TRAVEL AND LIFESTYLE MAGAZINE

PORTRATT. OF SEATTLE

42
fresh ideas
for your kitchen
+
COLOR INSPIRED
DESIGNS

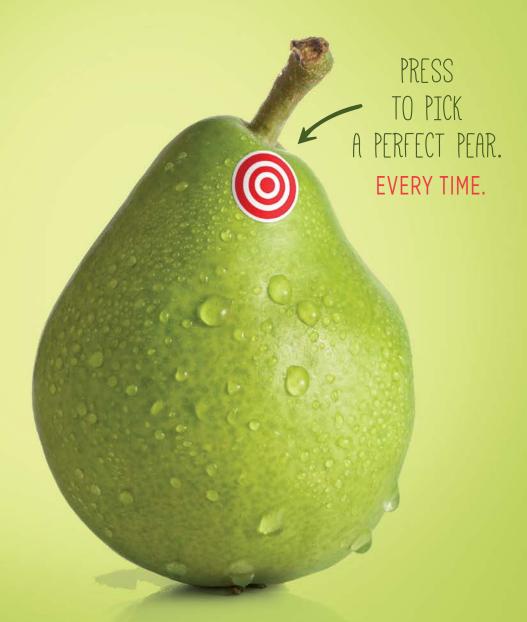
SEATTLE'S NEW ERA OF CONDOS

MERCER ISLAND MODERN by Architect Regan McClellan

NW PEAR HARVEST PEARS, CHEESE & WINE



SWEET SPOT.



Ripen firm pears at room temperature.

When the sweet spot gives to pressure from your thumb, your pears are deliciously ripe.



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written by MARGARETT WATERBURY

GORDY SATO'S FAMILY HAS BEEN GROWING PEARS IN THE HOOD RIVER VALLEY FOR MORE THAN 100 YEARS.

But Gordy never thought he'd become an orchardist—and, for a while, he wasn't. After business school at OSU, he launched a career as a buyer in the fashion industry, working for companies like Nordstrom and Meier & Frank and covering territory all over the West Coast. "When you're young, you want to be where the action is, and it most definitely was not in Hood River on a farm," laughs Gordy.

But after 26 years of long workdays and tons of travel, that all changed. Gordy was coming back from his monthly sales trip to Hawaii, and on the plane, he realized his life needed a change. "The next morning, I got up, called my boss, and quit," says Gordy. "And the second call was to my father, saying 'I'm coming back to the farm."

That was 22 years ago. Today, Gordy is one of the leading pear growers in Hood River, with a 160-acre orchard planted in seven different varieties. Has he ever regretted trading fashion for farming? "I think I'm in God's country," he says. "I live in my grandma's house and I look right at Mt. Hood. To be a pear grower is a great thing."





There's something special about pears. If apples are an everyday, tossone-in-the-lunchbox kind of fruit, a pear says "party"—sophisticated, delicate, seductive, with a graceful silhouette and musky, perfumed flavor. Except there's no reason pears need to be saved for special occasions, especially not here in the Northwest, where the vast majority of the nation's pears are grown.

Oregon and Washington produce 84% of the nation's fresh pear crop. Oregon produces more pears by weight than any other fruit. This year, we'll ship about 792 million pounds of pears to buyers around the world, where they'll appear on shelves from your local grocer all the way to China. This region has also been growing pears for a very long time. Early settlers tucked pear whips (little single-branch seedlings) into the backs of their covered wagons before setting out on the Oregon Trail. Once they arrived in the Northwest, they discovered with pleasure that the mild climate was just right for orchard fruits, and soon orchards in the Willamette Valley and throughout the Columbia Gorge were supplying fruit that filled freight trains destined for hungry markets back home.

Pears are particularly well suited to travel, and unlike many other crops, we don't have to sacrifice flavor for shippability. That's because pears are best when they're harvested when still quite firm and allowed to ripen off the tree. Leave them on the tree too long, and they're more likely to pick up that odd grittiness, and they can be more prone to rot rather than sweeten.

It's counterintuitive, especially for those of us who have been trained to believe that tree-ripened anything is the only way to go. Yet pears have been bred for centuries to fill that critical gap between harvest and springtime, when most people had to settle for dried fruit—or no fruit at all. In France, one variety, Passe Crassane, is known as a winter

pear. It's traditionally harvested in mid-December and stored for at least one month—if not several—before eating to develop its best flavor. Here in the Northwest, we, too, have a favorite winter pear, the D'Anjou, which is at its finest from January to April, an otherwise grim time for locally grown fruit.

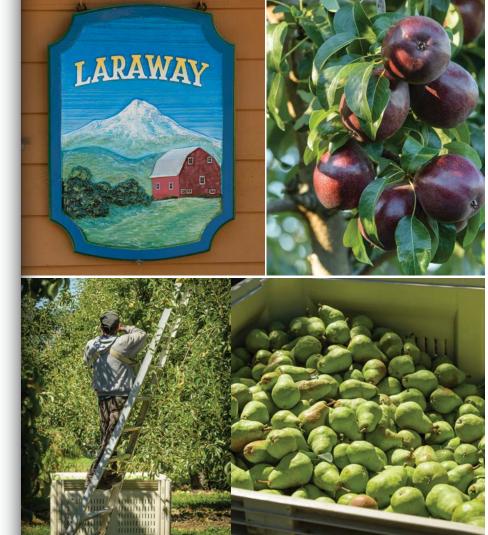
Despite pears' incredible keeping powers and delicious flavor, they have one major problem: us. Most of us just don't know how to pick a good pear, and we've all suffered through mealy, crunchy, or brown-in-the-middle fruit at least once or twice. But it doesn't have to be this way. Here's what you need to know to make sure you never eat an under- or over-ripe pear again.

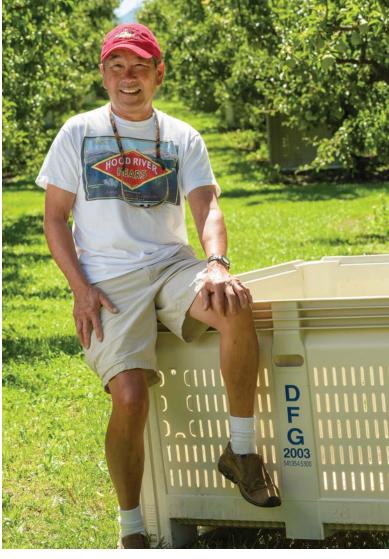
First, don't worry about buying pears already ripe at the grocery store. Pears ripen successfully off the tree, so you want to pick fruit that's firm to the touch. Then, take it home and put it on your counter. If you're in a hurry, put it in a paper bag with an apple or banana, both reliable producers of the ethylene gas that accelerates fruit ripening. The next day, gently press the neck of the pear near the stem. If it's still hard, you've got longer to wait. But the minute it starts to feel soft, you're in business.

Pears ripen from the inside out, which means by the time the rounded belly of the pear is soft, the inside will likely be overripe, or even rotten. So don't delay. If you're not planning to eat your ripe pears right away, they'll hold for a couple of days in the refrigerator.

And that, of course, is the fun part—eating. A good pear is one of the purest pleasures in life, equally at home in a savory salad, a sweet crisp, or just alongside a few thin shavings of Parmesan cheese and a handful of roasted walnuts. Or, of course, out of hand, although be cautious; the only fruit that competes in terms of catastrophic, outfit-ruining juiciness is a peach, and even those can't hold a candle to a perfectly ripe Comice.

At Zupan's Markets, cheesemonger Kristen Kidney says pears are one of her favorite additions to a cheese board, especially one featuring cheeses from







OPPOSITE Jon and Debra Laraway. Jon comes from a pear-growing family, four generations of them. Pears have been grown among the rolling orchards and foggy valleys for generations, tended by the same families with the same hard work and commitment to producing the best fresh produce. ABOVE Gordy Sato's grandfather was among the many Japanese who immigrated to the Western United States in the early 1900s and took up pear farming. His 160-acre Ray Sato Orchards, named after his father, is nestled in the valleys of Parkdale, Oregon. BELOW Like his grandfather, Randy Kiyokawa has charted his own course of opportunity, growing Kiyokawa Orchards to 200 acres of strong fruit trees, most devoted to growing Anjou, Bartlett, Bosc, Comice, Forelle and Seckel pears.





Oregon and Washington. "I think the Northwest is absolutely making world-class cheese," says Kristen, "and our customers think so, too." Rogue River Blue from Central Point, Oregon, is one of her favorite cheeses for accompanying pears. "Not only are blue cheese and pears wonderful together, this cheese is wrapped in grape leaves soaked in pear liqueur, so it's already part of the flavor profile."

When designing a pear-cheese pairing, Kristen thinks about matching the weight and intensity of the individual components' flavors so one doesn't overpower the other. Asian pears go well with lighter goat cheeses, for instance, while heartier Boscs can stand up to a nutty Parmesan. But don't stress too much about getting it "right." "Honestly, it's kind of fool proof," laughs Kristen. "Some pairings are better than others, but no matter what, I don't think you're going to have a bad time."

Jason French, the chef and owner of Ned Ludd and Elder Hall in Portland, Oregon loves using pears in both sweet and savory dishes inspired by French and British cooking traditions. "One of the best aspects of the pear is that it's not too sweet, which makes it very interesting," says Jason. He often showcases the aromatic qualities of pears by poaching them in simple syrup, or sautéing them with butter and a pinch of sugar before finishing them with a squeeze of lemon juice. Jason also suggests exploring pears' spicy side by combining them with robust seasonings and aromatics, like Piment d'Espelette, black pepper, or anise.

Or, follow Gordy's lead, and introduce your pears to the bar. "I make the best pear ginger vodka martini," laughs Gordy. "It's my personal signature."

CHEESE & WINE PAIRINGS

Cheese Pairings by Kristen Kidney, Cheesemonger, Zupan's Markets Wine Recommendations by Eric Degerman, www.greatnwwines.com



Eric Degerman is a noted columnist on Northwest wine, as well as president and CEO of Great Northwest Wine. In addition to his wine stories and tasting notes for Portrait Magazine, Eric's talents also include judging for the San Francisco Chronicle Wine Competition, Washington State Wine Competition, Savor Northwest, Oregon's Greatest of the Grape and the Idaho Wine Competition.



Kristen Kidney, Cheesemonger for Zupan's Markets on SW Burnside is a very familiar face for long-time customers. With carts full of locally sourced meats, produce and wines, customers' last stops are often to the cheese department for Kristen to pair it all for with the perfect Northwest cheeses for entertaining.



Seckel Pears are tiny pears, with a chubby, round body, small neck, and short stem. The smallest of all commercially grown pears, Seckels are exceptionally sweet. So sweet in fact, that the bite-size morsels are sometimes called "sugar pears."

Wine Pairings

Domaine Drouhin Oregon 2014 Pinot Noir, Dundee Hills, \$45 A discreet involvement of new French oak barrels allows for the ripeness of 2014 to show. Fruity aromas of black raspberry and Bing cherry include cocoa powder, black olive and dusty minerality. Black cherries pop on the satiny entry as raspberry skin tannins and pomegranate juicy acidity combine for an elegant finish. DomaineDrouhin.com

Erath Winery 2015 Pinot Gris, Oregon, \$14

This legendary property in the heart of Oregon's Dundee Hills remains famous for Pinot Noir thanks to veteran winemaker Gary Horner, but his bargain-priced Pinot Gris should not be overlooked. Undertones of apple blossom, minerality and honey are backed by honeydew melon and slices of white peach and apricot. Erath.com

Torii Mor 2015 Pinot Blanc, Oregon, \$20

Vineyards at both ends of the state come together seamlessly in the glass after much of the blend spent several weeks in neutral barrel, allowing for floral notes to join flavors of Honeycrisp apple, fresh pineapple and pear butter. An injection of Red Ruby grapefruit makes for a rewarding and lasting finish. ToriiMorWinery.com

Cheese Pairings

Willamette Valley Cheese Company, Brindisi

Located in Salem, OR, Willamette Valley Cheese Company's original Brindisi - an aged Fontina-style cheese - bears wonderful earthy, flinty, and sharp flavors followed by a mellow buttery finish from the Jersey cow's milk. The contrast of the honeyed profile of a Seckel pear is a perfect marriage.

Willamette Valley Cheese Company, Creamy Havarti

On the other end of the spectrum of offerings from Willamette Valley Cheese Company comes their Creamy Havarti, one of their flagship cheeses. The superior quality of the butterfat-rich Jersey cow's milk really shines through this style of cheese, which is mild, luxuriously creamy, and "barely sliceable soft". The texture just melts into a sweet Seckel pear and highlights the floral and spice notes of the fruit well.



Cheese Pairings by Kristen Kidney, Cheesemonger, Zupan's Markets Wine Recommendations by Eric Degerman, www.greatnwwines.com



ANJOU

The Anjou pear actually gets better with time, requiring at least 30 days of cold storage to realize its true potential. That means Anjou pears are the last to vanish from grocery store shelves-and late winter and early spring is their time to shine. Dense flesh has a sweet, mild flavor, with a hint of citrus.

Wine Pairings

King Estate 2016 Pinot Gris Willamette Valley, \$19

Engaging aromas of honeydew melon, Red Delicious apple and peach taffy are followed by orchard fruit flavors of white peach and Anjou pear. Four months on the lees builds mouth feel, then a strong pulse of lemony citrus and dried apricot keeps Oregon's flagship Pinot Gris fruity yet dry. KingEstate.com

Kriselle Cellars 2016 Sauvignon Blanc Roque Valley \$23

Upper Table Rock Plateau near Medford, Ore., serves as the backdrop for this winsome and complex blend of orchard and tropical fruit with citrusy influences that emerge naturally from Scott and Krisell Steingraber's young Buxton Ranch site. Green apple and lime provide the frame for the midpalate of passionfruit and guava. KriselleCellars.com

Reustle-Prayer Rock Vineyards 2015 Revelation & Sorek Bloc Estate Grüner Veltliner Umpqua Valley,

In 2005, Stephen Reustle pioneered production in the U.S. with his debut bottling of this white grape native to Austria, and he continues to amass gold medals for it. Brisk aromas and flavors of lime, Granny Smith apple, white pepper, sweet herbs and river rock make it succulent, delicious and balanced. ReustleVineyards.com

Cheese Pairings

Cloud 9 Farms, Pandora's Pink Peppercorn

Tiny newcomer Cloud 9 Farms in Ridgefield, WA makes fantastic chevre with a very apt soft cloud-like texture. Their only flavored variety is cheesemaker Pandora's specialty - pink peppercorns. The hint of spice and bright fruity flavors that the pink peppercorns provide, along with the mild and exceptionally clean flavor from their superior goats' milk marries well with a sweet and crisp Anjou pear, especially along with a glass of Sauvignon Blanc.

River's Edge, Siltcoos

Made in a traditional French fashion with a distinctly Oregon flair, this soft-ripened goat cheese from the Coast Range has a bloomy ash rind beautifully adorned with a fern leaf. The clean and delicate flavors become spicier and stronger as it ages and are complemented by the lemony undertones of the Anjou pear at any stage.



COMICE

Popularized by fruit shippers Harry & David, the Comice pear is round and squat, with a soft buttery texture and incredible juiciness. Delicate skin means Comice often have some superficial scuffing on the surface, but that doesn't affect the eating quality.

Wine Pairings

Abacela 2016 Estate Albarino Umpqua Valley, \$21

Clean and bright aromas offer hints of fresh-cut Gala apple, Rainier cherry, quince paste, orange zest and sweet herbs. Bracing acidity arrives early and stays late, bring succulent flavors of Asian pear, Granny Smith apple, lime zest, river rock and lemon peel. It's a white Spanish grape that's a natural fit with Manchego cheese. Abacela.com

Dobbes Family Estate 2012 Mirror Image Dessert Wine Roque Valley, \$39

This fortified and sweet Syrah by acclaimed Joe Dobbes is loaded with hints of Chukar Cherry, dried plums, smoked red pepper and raisins. The structure leans toward a lightly viscous ruby Port as both the elevated sugar and alcohol come nicely integrated, but there's plenty in store for the future. DobbesFamilvEstate.com

young Chardonnay program. Their highly allocated Chassé project

DancinVineyards.com

DANCIN Vineyards 2016 Chassé Chardonnay, Oregon, \$32 Dan and Cindy Marca guickly developed a cult-like following for their exhibits balance as honeysuckle opens up to notes of melon, maple baked apple, pineapple and anise. A sense of vivaciousness on the palate comes across as a finishing kick of lemon zest.

Cheese Pairings

Roque River Blue

Hailing from Central Point, OR, multiple award-winning Rogue River Blue (newly organic!) is wrapped in pear liqueur-soaked grape leaves and aged 8 months. Pears make an obvious and delightful pairing, highlighting the flavors imparted by the liqueur. Comice pears are a favorite with blue cheeses because of their sweet and juicy qualities, and there is no better choice than Oregon's pride and joy of cheeses!

Ancient Heritage, Hannah

Made in an urban creamery in the heart of Portland, this Manchego-style raw cow and sheep's milk blend is aged for at least six months, gaining a toothsome crunch, savory and earthy flavors and a bright, citrus-y finish. For a light dessert course, pair thin slices of Hannah with sweet and juicy Comice pears and a glass of Oloroso



Cheese Pairings by Kristen Kidney, Cheesemonger, Zupan's Markets Wine Recommendations by Eric Degerman, www.greatnwwines.com



BOSC

This long, slim, russetcolored pear is the variety of choice for poaching, as it has a distinctive shape and firmer flesh that holds up to cooking. Sweet and musky, it can be enjoyed crisp or fully ripe—and its swan-like neck makes it the perfect choice for an elegant centerpiece.

Wine Pairings

Maryhill Winery 2014 Proprietor's Reserve Cabernet Sauvignon, Columbia Valley, \$40

Cab is king in Washington state, where orchards continue to be replaced by grape vines, and this reserve tier represents the best blocks Richard Batchelor works with. There's beautiful varietal correctness with cassis lifting from the glass. Bing cherry, blackberry and earthiness entwine on the palate where firm tannins achieve precise

MaryhillWinery.com

Irvine & Roberts Family Vineyards 2015 Estate Chardonnay, Roque Valley, \$35

Robert Brittan's magical touch with Burgundy varieties in the Willamette Valley shows up in his work for this young Southern Oregon project, extending to a Chardonnay that's filled with finesse. A floral nose of citrus fruit, lavender and coriander leads to unctuous flavors of ripe peach, lemon cream and orange oil. IrvineRobertsVineyards.com

Quady North 2013 Mae's Vineyard Syrah, Southern Oregon, \$32

Take a trip to Châteauneuf-du-Pape via Rhône-inspired Herb Quady, a Southern Oregon winemaker with roots in Central California. Whole-berry fermentation with clusters from his young estate vineyard in the Applegate Valley create savory hints of charcuterie, earthiness and a classic sense of funk, backed by juicy flavors of Marionberry and black cherry. QuadyNorth.com

Cheese Pairings

Face Rock Creamery, Extra Aged Cheddar

Face Rock's Extra Aged Cheddar is a monger favorite at Zupan's with its buttery beginning and sharp balanced finish. The creamy mouthfeel with a crystalline crunch holds up nicely on a slice of Bosc pear with its firmer flesh. Put them both in a grilled cheese sandwich for a special treat!

Portland Creamery, Oregon Chevre + Cajeta

Farmstead chevre hailing from Molalla, Oregon, Portland Creamery's classic plain Oregon Chevre is a beautiful exhibition of high quality goat's milk and superior cheesemaking: clean, lemony flavors and an ultra-creamy, light, almost whipped-like texture. The light tanginess of the chevre is a perfect foil to their Cajeta, a goat's milk caramel made dulce de leche-style. The nutty, spicy flavor with undertones of vanilla, spice, and caramel of a slice of ripe Bosc pear provides the optimum vehicle for the chevre and a drizzle of Cajeta the perfect bite.



BARTLETT

Sometimes called Williams, the Bartlett pear offers "quintessential pear flavor," says Kathy, with a soft, juicy texture and aromatic flavor. Bartlett pears appear in stores in September, and last for a few months. Ripeness is essential for these pears; right off the tree, and it's more like a potato than a pear.

Wine Pairings

Argyle Winery 2014 Vintage Brut, Willamette Valley, \$28

Nate Klostermann sets the Northwest standard each year with his classic sparkling program of Pinot Noir, Chardonnay and Pinot Meunier. Fine and stylish bubbles toss up aromas of sweet lemon, white peach and pineapple with clove and ginger. A graceful mouth feel of Mandarin orange and Gala apple is capped by tangelo acidity. ArgyleWinery.com

Del Rio Vineyards 2016 Estate Grenache Rosé, Roque Valley, \$17

One of the West Coast's most decorated rosés wears a lightly pink wardrobe that leads to a gorgeous nose of Ruby Red grapefruit, Rainier cherry and rose petal. Its bone-dry and ripe fruit approach comes across as strawberry-rhubarb compote and loganberry, backed by a nibble of cherry skin and a finish of lime peel. DelRioVinevards.com

Ponzi Vineyards 2016 Pinot Gris, Willamette Valley, \$19

Second-generation winemaker Luisa Ponzi works with 40-year-old family plantings for her annually stellar and large-scale Pinot Gris program. Tropical aromas hinting at banana chips and jasmine include honeydew melon and yellow grapefruit. A slurp of white peach leads to deliciously tingly sensations of lime juice, orange zest and nectarine skin. PonziVineyards.com

Cheese Pairings

Mt. Townsend Creamery, Seastack

Named for the famous rock formations along Washington's coastline, Mt. Townsend Seastack from Port Townsend, WA is a creamy soft-ripened cow's milk cheese dusted with ash and sea salt. As it ripens from the outside-in, it softens and gains a luxuriously creamy consistency. The creamy texture, milky and earthy flavor profile, and salty finish pair nicely with a soft and sweet Bartlett pear.

Cascadia Creamery, Sleeping Beauty

Located at the base of Mt. Adams, Cascadia Creamery turns out beautifully unique organic and raw milk originals. Sleeping Beauty is a shining example - aged for up to 100 days in an on-site lava tube, it is smooth and buttery with a supple sharpness that is absolutely succulent with a ripe and sweet Bartlett pear.



halved, cored and sliced

3 T Butter

1 c. Brown Sugar

INGREDIENTS 3 Comice Pears,

1/2 c. fresh Cranberries

1 sheet store bought Puff pastry, or make your own if feeling heroic

1 egg with 2 t water, beaten

2 oz Rogue Smoked Blue Cheese

Piment d'Espalette Maldon Sea Salt

PREPARE

Heat a saute pan over medium high heat, and melt the butter until it bubbles and browns slightly. Add the sugar and stir into the butter until it begins to melt and bubble. Add the pears, a good pinch of salt and sauté for 5 minutes, tossing or stirring a few times. Remove from the heat and strain any liquid from the pears. Reserve the pear butter sauce in a small sauce pan. Transfer the pears to a small pan and refrigerate. The idea is to soften the pears without cooking through.

Lightly flour a work surface and lay out the puff pastry and take a few passes with a rolling pin but not rolling too thin. Chill the dough for 20 minutes. Preheat the oven to 375 degrees. Remove the dough and pears from the fridge. Place the dough on a sheet pan and arrange the pears from the center working your way out to within 2-3 inches from the outside

Note: the galette does not have to be round! Arrange the cranberries over the pears and begin to fold the dough over the pears and folding clockwise until the dough has surrounded the pears in a semi attractive pattern. The pears and cranberries should be exposed with an edge of folded dough.

Brush the dough with the egg and bake the galette in the oven for 35-40 minutes or until golden brown and bubbly. Remove from the oven and cool slightly on a wire rack. Warm the pear butter sauce. Transfer to a cutting board and grate the blue cheese over the galette until well covered. Slice and serve with a good drizzle of the sauce, a sprinkling of Piment d'Espalette and sea salt.



recipe by Exceutive Chef /Owner Jason French NED LUDD, AN AMERICAN CRAFT KITCHEN www.nedluddpdx.com

FOR THE CROSTINI

- 2c. Pear Mostarda
- 4 halved Pieces of Thick Sliced Bread
- 4 Pieces of Thick Sliced Bacon
- 1 bunch Arugula leaves, washed and dried and kept cold
- Medium Aged Goat Cheese Juice of half a lemon
- Maldon Sea Salt

FOR THE MOSTARDA

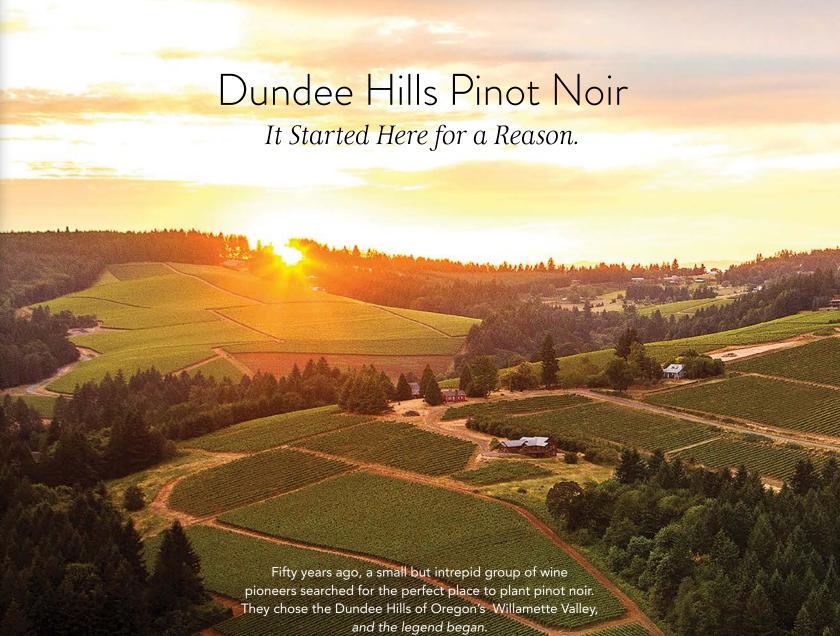
- 1/2 c. Olive oil
- 1 large Yellow Onion, peeled and diced
- 1 knob Ginger, roughly the size of a
- 1T ea Brown/yellow mustard seed
- 2t Fennel seed
- 1t Fenugreek
- 3 ea Red Anjou Pear, cored and cut into medium dice
- 1c Brown Sugar
- 1c Apple cider vinegar
- 2c White Wine
- Salt and Pepper

PREPARE MOSTARDA

Heat a sauce pan over medium heat and add the olive oil, onion and ginger and cook for three to four minutes, stirring once or twice. Add the spices and increase the heat. Continue to cook for another three to four minutes, stirring as needed. Add the pear and brown sugar and cook anther three to four minutes. Deglaze with the apple cider vinegar and wine and reduce the heat to medium low. Simmer the mostarda for an hour or until the liquid evaporates and the texture is like loose jam. This should be made ahead and will keep in your fridge for several weeks if not months. Make a big batch and use on pork loin, on a cheese board or on a delicious gingerbread cake with cream cheese.

PREPARE CROSTINI

Cook the bacon over medium heat in a cast iron skillet. Place the arugula in a mixing bowl. While the bacon cooks, preheat a broiler to high and brush the bread with olive oil and season with salt and pepper. Toast both sides of bread under the broiler. Transfer the toast to individual plates or platters. Remove the bacon from the pan, reserving the fat. Cut the bacon into two or three pieces. Squeeze the half lemon over the arugula and spoon some of the bacon fat from the skillet over the arugula as well. Grate some goat cheese over each slice of toast and top with the bacon. Toss the arugula to dress and season with sea salt. Divide evenly over the bacon. Spoon the pear mostarda over the arugula and grate some more cheese over the top. Serve with a knife and fork and a crisp white wine, like NW Riesling or soft lush red lie Gamay Noir.







Each year, the Dundee Hills offers 24 exclusive Vintage Wine Collections: available on a first come basis. The 2014 Collection includes one bottle of Pinot Noir, from each of 30 different acclaimed Dundee Hills wineries. Vintage Collection buyers will also receive an invitation to a June 2018 pre-release tasting of some of the 2016 Dundee Hills Wines (offer not

available anywhere else). The 2014 vintage experienced an almost ideal growing season that delivered exceptional, mature fruit. The resulting wines show impressive flavor and structure and are classically Dundee Hills.

Reserve yours today at www.dundeehills.org/vintage-collection



